

## Important notes

- It is important that you follow these notes to ensure that your test results are accurate.
- Fast for at least 8 hours. Kindly refrain from consuming food the night before your appointment. Sips of plain water is permissible, if thirsty.
- Postpone your morning routine medication (except anti-hypertensive drugs), unless advised by physician, until your blood sample is taken.
- For ladies – pap smear and urine tests should be done 7 days after the last day of your menstruation. Those going for mammogram are advised to avoid using deodorant or powder as it may interfere with the quality of mammogram.

## Things to bring

- Comfortable attire and shoes for your Cardiac Stress Test (Treadmill).
- Previous medical records, if any, from your last check-up for comparison.
- Glasses for your vision test.



# HEALTH SCREENING CENTRE

All information is correct at the time of printing and subject to change without prior notice, August 2019



## Operating Hours

Monday - Friday : 7:30am - 4:30pm  
Saturday : 7:30am - 11:30am

**Mahkota Medical Centre Sdn. Bhd.** (200619-H)  
**(Health Screening Centre, Level 5)**

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Hands That Treat  
Hearts That Heal



**MAHKOTA WELLNESS  
CENTRE**  
Passion for health

# WELLNESS EVALUATIONS

|  |   | PREMIER         |                 | WELLNESS      |               | BASIC         |
|--|---|-----------------|-----------------|---------------|---------------|---------------|
|  |   | Woman           | Man             | Woman         | Man           | Woman / Man   |
| <b>DETAILED PRE-EXAMINATION MEDICAL CONSULTATION &amp; REVIEW</b>  |   |                 |                 |               |               |               |
| Personal and Family Medical History Review   |   | ●               | ●               | ●             | ●             | ●             |
| <b>BODY COMPOSITION ANALYSIS</b>   |   |                 |                 |               |               |               |
| Body Mass Index (BMI)  |   | ●               | ●               | ●             | ●             | ●             |
| <b>COMPLETE PHYSICAL EXAMINATION</b>   |   |                 |                 |               |               |               |
| Abdomen, Breast, Cardiovascular, Ear Nose Throat, Nervous System, Oral Cavity, Respiratory, Thyroid, Visual Acuity |   | ●               | ●               | ●             | ●             | ●             |
| <b>EYE EXAMINATION</b>   |   |                 |                 |               |               |               |
| Fundus Photography   |   | ●               | ●               |               |               |               |
| Tonometry  |   | ●               | ●               | ●             | ●             | ●             |
| <b>HEARING EXAMINATION</b>   |   |                 |                 |               |               |               |
| Audiogram  |   | ●               | ●               | ●             | ●             | ●             |
| <b>PULMONARY EXAMINATION</b>   |   |                 |                 |               |               |               |
| Lung Function Test (Spirometry)  |   | ●               | ●               | ●             | ●             | ●             |
| <b>DENTAL EXAMINATION</b>  |   |                 |                 |               |               |               |
| Dental Check-up  |   | ●               | ●               |               |               |               |
| <b>COMPREHENSIVE BLOOD INVESTIGATION</b>   |   |                 |                 |               |               |               |
| <b>Full Blood Count</b>  | RBC, WBC with Differential Count, Haemoglobin, HCT/PCV, MCV, MCH, MCHC, Platelet Count, RDW | ●               | ●               | ●             | ●             | ●             |
| <b>Lipid (Fat) Profile</b>   | Cholesterol, Triglycerides, HDL Cholesterol, Cholesterol/HDL Cholesterol, LDL Cholesterol   | ●               | ●               | ●             | ●             | ●             |
| <b>Bone &amp; Joint Profile</b>  | Uric Acid, Calcium, Phosphate   | ●               | ●               | ●             | ●             | ●             |
| <b>Diabetes Screen</b>   | HbA1c   | ●               | ●               | ●             | ●             | ●             |
| <b>Endocrine Profile</b>   | Fasting Glucose, Free Thyroxine (FT4), TSH, T3  | ●               | ●               | ●             | ●             | ●             |
| <b>Liver &amp; Biliary Profile</b>   | Total Protein, Albumin, Globulin, AG Ratio, Total Bilirubin, ALT, AST, ALP, Gamma-GT        | ●               | ●               | ●             | ●             | ●             |
| <b>Renal (Kidney) Profile</b>  | Uric Acid, Creatinine, Urea, Chloride, Potassium, Sodium                                    | ●               | ●               | ●             | ●             | ●             |
| <b>Hepatitis Screen</b>  | Hepatitis B Surface Antibody (Anti-HBs), Hepatitis B Surface Antigen (HBsAg)                | ●               | ●               | ●             | ●             | ●             |
| <b>Sexually Transmitted Diseases (STD)</b>   | Anti-HIV 1, 2 Screen  | ●               | ●               | ●             | ●             |               |
| <b>Tumour Marker Studies</b>   | Prostate Surface Antigen (PSA) - Prostate (Male)  |                 | ●               |               | ●             |               |
| <b>ABO Group &amp; Rh-D Type, Erythrocyte Sedimentation Rate (ESR)</b>   |   | ●               | ●               | ●             | ●             | ●             |
| <b>URINALYSIS</b>  |   |                 |                 |               |               |               |
| Urine FE and Microscopic Examination   |   | ●               | ●               | ●             | ●             | ●             |
| <b>GYNAECOLOGICAL EXAMINATION</b>  |   |                 |                 |               |               |               |
| Pap Smear  |   | ●               |                 | ●             |               |               |
| Breast Ultrasound (Age ≤ 39 years old) or Mammogram (Age ≥ 40 years old)   |   | ●               |                 | ●             |               |               |
| <b>RADIOLOGY EXAMINATION</b>   |   |                 |                 |               |               |               |
| Chest X-Ray  |   | ●               | ●               | ●             | ●             | ●             |
| Full Abdomen Ultrasound  |   | ●               | ●               | ●             |               |               |
| 64 CT Coronary Calcium Score   |   | ●               | ●               |               |               |               |
| Dual Energy X-ray Absorptiometry (Bone DEXA)   |   | ●               |                 |               |               |               |
| <b>CARDIAC EXAMINATION</b>   |   |                 |                 |               |               |               |
| Cardiac Stress Test (Treadmill ECG)  |   | ●               | ●               |               | ●             |               |
| Electrocardiogram (ECG)  |   | ●               | ●               | ●             | ●             | ●             |
| <b>DETAILED POST-EXAMINATION</b>   |   |                 |                 |               |               |               |
| <b>Dietitian Consultation</b>  | Post Examination Dietetics and Nutritional Recommendations                                  | ●               | ●               | ●             | ●             |               |
| <b>Medical Consultation &amp; Report</b>   | Post Examination Lifestyle Recommendations  | ●               | ●               | ●             | ●             | ●             |
|  | Personalised Medical Report   | ●               | ●               | ●             | ●             | ●             |
| <b>Light Refreshments</b>  |   | ●               | ●               | ●             | ●             | ●             |
| <b>Package Price *</b>   |   | <b>RM 1,988</b> | <b>RM 1,788</b> | <b>RM 888</b> | <b>RM 868</b> | <b>RM 498</b> |

\* Price is subject to change without prior notice.

\* Other terms and conditions apply.